



Dec 2011
Inspired Market Gardens
in Partnership with
Alberta Hospital, Edmonton

What does this partnership mean?

It means that Inspired Market Gardens continues to grow healthy naturally-grown fresh herbs in the North Greenhouse on-site at Alberta Hospital in the north-east of Edmonton, and is sharing in their Christmas **POINSETTIA** event. With this partnership IMG happily provides some opportunities for vocational and commercial training and experience for clients of the Hospital. It's a win-win social-enterprise scenario and we feel privileged to be able to participate in this partnership.



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Can you purchase IMG products in Dec? YOU BET!

We still have fresh-cut herbs available this close to Christmas! For these & for our 'signature' IMG products (listed below & described in 'What's Available Now' on our Home page), are available at:

1. INSPIRED CHRISTMAS-AT-AHE: Held Over! Mon-Sat Dec 5 - Dec 16



10am - 4pm daily. This will be our SIXTH special event for Christmas.

- **NEW!** Come choose a **Poinsettia** or grab one of our unique **Poinsettia and Herb pots**

- We still have **Big Pots Of Fresh Herbs** for your indoor winter garden - at only \$10.00 each! For a full list of all herbs pots goto 'What's available now?' on our home page.

- We also have small pots of **BASIL, CILANTRO, BAY LAUREL (rare), scented geraniums, tarragon, lemon verbena & parsley (fresh herbs for Christmas!)**

- Please stay to enjoy some **HOT APPLE SPICED CIDER**, browse our signature items, plus we have a great selection of All-Canadian All-Natural

gourmet treats, herbal health and beauty items, books, teas, gifts and so much more in our on-site store. **All books only \$5 bucks!**

2. ALBERTA AVENUE FARMER'S MARKET! For **3 Thursdays (Dec 1, 8, 15th)**, from **5pm to 8pm.** at **118 Ave & 93 St.** we'll be selling our Signature IMG Dried edible flowers (great gifts!), large pots of fresh herb, and gorgeous poinsettias!

3. THE GOOD FOOD BOX: Browse our selection of fresh herbs plus a dozen of our signature products on the Good Food Box website (along with an amazing variety of other products). Open year round, they deliver right to your home in Edmonton, St. Albert & Sherwood Park! Go to www.eatlocalfirst.com.

There's contact info and a cut-out direction card on the next page to the Alberta Hospital Edmonton Greenhouses.

Look for our range of:

IMG Signature Items:

- Dried Edible Blooms (Savoury and Sweet Petals in 3 convenient sizes)
- Herb Sorbet (Try Basil, Spearmint, Tarragon & Raspberry, Lavender and even Oregano & Orange)
- Gorgeous Lavender Jelly
- Nasturtium & Hot Pepper Jelly (Extra Spicy and Mild flavours)

All made from naturally-produced herbs and ingredients, completely exclusive to IMG and made locally.

Here's A Cut-Out Card With
Directions & Contact Numbers for
INSPIRED MARKET GARDENS At
The Greenhouses at
ALBERTA HOSPITAL,
Edmonton:



**North Greenhouse
Building #20
Alberta Hospital, Edmonton**

17480 Fort Road

Info Line: 780-342-5587

Mobile: 780-910-9363

Email:

info@inspiredgardens.ca

Website:

Inspiredgardens.ca

Directions to the Greenhouse at Alberta Hospital, Edmonton

1. From Hwy 16 west of Edmonton, take the new ANTHONY HENDAY NORTH extension
2. Take it all the way to the Manning Freeway
3. Take the **south** exit onto Manning Freeway (Hwy 15)
4. Take the first left (east) onto **153rd** Avenue (2nd set of traffic lights).
5. Turn left (north) onto old Fort Road, 26th St.
6. Watch for Alberta Hospital and Inspired Market Gardens' signs;
7. Turn right (east) onto 167 Ave.
8. Take first left (north) after the railroad tracks onto Fort Road.
9. At Alberta Hospital turn left (west) onto **Road 1**, onto AHE grounds and follow the road to the right;
10. On your left you will pass several buildings ('The Works', a white building, the Power plant, and the 'Facilities Management' building);
11. Turn **left** (west) at **Lane 4**;
You can **park** at an angle in front of the greenhouses or around the back, or to the left of the Facilities building.

OR coming from the city or east of Edmonton, take the **Fort Road Exit off the Yellowhead; Turn north on Fort Road (becomes Manning Drive) and drive North; Turn right onto 153rd Ave, then follow the directions given from 5 above.**