

Dec 2011: What's Available Now?

at **IMG at Alberta Hospital**

On the third page you will find a complete list of all the fresh herbs and large pots of herbs we have available for sale.

You can always depend on us to help you with any growing or culinary questions you might have as well as provide help for any winter growing, harvesting or preserving of herbs.



English Mint



Bloodv Dock



Lemon Verbena



Stevia



Rosemary

Now Available: IMG Signature Products

ALL LOCAL * ALL NATURAL * ALL WONDERFUL!

1. INSPIRED DRIED EDIBLE FLOWERS!

- Try the taste, aroma & remarkable beauty of edible flowers! Our unique blends of Edible Blossoms & Petals add colour and flavour to almost anything!
- **NO SALT * NO SUGAR * NO CALORIES (well 1) * NO ADDITIVES**
- Try the Savoury in omelettes, herb butter, rice, stir fries, in salad dressings, dip-it with sour cream ++
- Try the Sweet in and on scones, muffins, cookies, cakes, ice-cream, yogurt and teas ++
- Available in 3 convenient sizes:
 - 12g Clasp Jar
 - 16g Refill Kraft Bag
 - 2x6g DUO clasp jars (a little of both makes a great gift!)
 - Each comes with a free 'How To Use' Ideas Card!



2. NASTURTIUM & HOT PEPPER JELLY!



- Combining the naturally spicy-sweet taste of nasturtiums with flavourful hot peppers results in a unique and delightful product. Small flecks of nasturtiums float in an all-natural jelly.
- Fabulous on goat cheese or brie, a delicious addition to lamb, poultry, salmon, stir fry, it is also super just on toast or crackers (or try it on a grilled cheese sandwich or with mustard as an amazing glaze for poultry)!. **Limited Quantities Available!**

- This wonderful jelly comes in EXTRA SPICE & MILDLY SPICY varieties
- It is made with our nasturtiums by local artisans, The Jam Lady. You'll love it!

3. HERB SORBET!


“That’s amazing” is often the first thing that people say when they taste our unique Herb Sorbet. Use it for a special treat, as a palate cleanser between courses, for dessert, or as an original locally made gift for someone you care about (or would like to impress!).



- Herb Sorbet is now available in **6 unique flavours**: try brilliantly interesting BASIL, tart and tangy TARRAGON-RASPBERRY, delightfully light SPEARMINT, surprisingly lovely LAVENDER and the exotic amazing taste of ORANGE-OREGANO.
- Edmonton artisans Pinocchio Ice-Cream makes it for us using IMG’s home-grown herbs. Herb sorbet is dairy-free, contains only natural ingredients and does not contain nuts.

Please click on ‘**Events & Media**’ to learn about our wonderful new partnership and for detailed info on where to buy IMG products.

Keep up to date and in-the-know with helpful herb hints and recipes by subscribing to our **Insight E-newsletter**.

	Available Fresh-Cut Herbs and as Plants in Large Herb Pots for Indoor Growing Dec 2011	(Fresh cut herbs are available in ½ oz bags or in larger quantities)
Herb Plant:	Varieties	Size Of Pot
BASIL	Genovese, Sweet (Not available as fresh cut)	6" pots
BAY LAUREL	(Plants only, not available as fresh cut)	4" pots
CATNIP		12" pots
CILANTRO/CORIANDER	(Plants only, not available as fresh cut)	
LAVENDER		12" pots
LEMON BALM		12" pots
LEMON GRASS		6" pots
LEMON VERBENA		3" & 12" pots
LIME BALM		12" pots
MINT	Chocolate, English, Spearmint	12" pots
OREGANO	Common, Greek, Hot 'n Spicy, Cuban	12" pots
PARSLEY	Curled and Italian/Plain	3" & 12" pots
ROSEMARY	Arp/Upright and Trailing (Mixed variety Pots)	12" pots
SAGE	Common Garden, Golden	12" pots
SAVOURY	Winter	12" pots
SCENTED GERANIUMS	Fruit and Cedar scented!	3" pots
SORREL	Garden	12" pots
BLOODY DOCK		12" pots
STEVIA		12" pots
TARRAGON	French	3" & 12" pots
THYME	English	12" pots